

# **CardioRespiratory Department**

Patient Name:	
Date of Birth:	
Patient phone #	
·	
Hoolth card #	

# **CARDIOLOGY SERVICES REQUISITION**

☐ Pre-Op ☐ Urgent ☐ Copy to:	Health Card #	
OAKVILLE Hospital 3001 Hospital Gate, L6M 0L8 Phone: 905-338-4686 Fax: 905-815-5082	☐ MILTON Hospital 725 Bronte St. South, L9T 9K1 Phone: 905-876-7012 Fax: 905-876-7044	☐ GEORGETOWN Hospital 1 Princess Anne Dr., L7G 2B8 Phone: 905-873-0111 ext 856 Fax: 905-873-4595
ECHOCARDIOGRAPHY  □ 2D ECHO and Colour Flow Doppler □ TEE (Transesophageal Echo) → Complete TEE Requisition □ Exercise Stress Echo □ Dobutamine Stress Echo □ Date / Time:  EXERCISE STRESS TEST □ Graded Exercise □ Cardiopulmonary Exercise Test □ Date/Time:  NUCLEAR CARDIOLOGY Height:	ECHOCARDIOGRAPHY (Phone: 905-876-7604)  2D ECHO and Colour Flow Doppler Exercise Stress Echo  Date / Time:  EXERCISE STRESS TEST Graded Exercise  Date/Time:  HOLTER MONITOR  24-Hour Monitor 48-Hour Monitor 72-Hour Monitor 14-Day Monitor Date/Time:  12-LEAD ECG  No appointment necessary Time: 8:00 a.m. – 4:00 p.m. Monday – Friday	ECHOCARDIOGRAPHY (Phone: 905-873-0111 ext 8523
for your appointment*	Clinical I	nformation
HOLTER MONITOR  24-Hour Monitor 48-Hour Monitor 72-Hour Monitor 14-Day Monitor		
Date/Time: 12-LEAD ECG  No appointment necessary Time: 8:00 a.m. – 4:00 p.m.  Monday – Friday	<ul> <li>□ Chest Pain</li> <li>□ Post CABG or PTCA</li> <li>□ Cardiac Rehabilitation</li> <li>□ Pulmonary Rehabilitation</li> <li>□ Abnormal ECG</li> <li>□ Palpitations</li> </ul> NOTE: Please inform the patient which medicine	□ Acute Stroke/TIA □ Dizziness/Syncope □ Post MI □ Dyspnea □ Lung Disease □ R/O Structural Heart Disease



Date Received in Department:



#### CARDIOLOGY SERVICES REQUISITION

#### **CardioRespiratory Department**

# **Test Preparation**

More detailed brochures are available from your doctor or call the hospital where you are booked for the test OAKVILLE Hospital 905-338-4686 MILTON Hospital 905-876-7012 GEORGETOWN Hospital 905-873-0111 ext 8569

Please check front page to see what test has been ordered Follow the instructions according to the test ordered

# 1. Echocardiography

#### ♦ 2D Echo and Colourflow Doppler

- No preparation
- Children between the ages of 1-3 years may require sedation

#### **♦Transesophageal Echo**

- Nothing to eat or drink from 10:00 p.m. the night before the test. An Echo technician will phone and confirm this with you
- Make arrangements for someone to drive you home after the test, as sedation will be given
- Bring a list of your current medications

### 2. Exercise Stress

- Bring your current medications
- No alcohol for 24 hours prior to the test
- No caffeine the day of the test
- Nothing to eat 2 hours prior to the test
- Wear comfortable exercise clothes. Top should be loose and short-sleeved. Please wear running shoes or rubber-soled walking shoes. Bare feet and sandals are not allowed

# 3. Nuclear Cardiology

- Bring your current medications
- No alcohol or caffeine for 24 hours prior to the test (e.g. decaffeinated or herbal tea, coffee, chocolate, caffeinated cola)
- No food or drink 4 hours prior to the test. No fatty foods the day of the test
- Test is approximately 4 5 hours
- Please bring fruit, vegetables and/or juice with you as you will be allowed to have these half-way through the
  test
- If you are a diabetic and take insulin, discuss with the nurse in Cardiology what and when you should eat (905-338-4686)

#### 4. Holter Monitor

- Bring your current medications
- No preparation required
- For Women: please wear pants or skirt with a separate top; try to avoid wearing dresses or other one-piece garment
- 14-Day Holter Monitor WILL require a few visits to the Cardiology Department

### 5. 12-Lead ECG

No preparation required



Form # 211774 October, 2019 1 of 2