

# Referral Form

## Hip & Knee Rapid Access Clinic

Fax: 1-833-230-6623  
Phone: (905) 338-2983  
www.mhcentralintake.com

**Patients must be 18 years of age at the time of assessment.**

**PREFERRED RAPID ACCESS CLINIC OPTIONS** - Patients are scheduled for **first available assessment** at the location closest to their home, or they can choose:  **Trillium Health Partners**     **Halton Healthcare**  
 **Other City:** \_\_\_\_\_

**Preferred Surgeon if a patient is deemed a surgical candidate:**

First Available Surgeon     Preferred Surgeon, Dr. \_\_\_\_\_

**Preferred Hospital:**

Halton Healthcare - OTMH     Trillium Health Partners - CVH     Trillium Health Partners - MH

Other: \_\_\_\_\_

### PATIENT INFORMATION

Last name: \_\_\_\_\_

DOB: DD/MM/YYYY

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred Language:  English     French     Other \_\_\_\_\_    Is an interpreter required?  Yes     No

Barriers to Communication:

Cognitive Impairment     Hearing Impairment     Sight Impairment     Other: \_\_\_\_\_

### REASON FOR REFERRAL

Primary Replacement of:

Hip     Right     Left

Knee     Right     Left

### DIAGNOSIS

Osteoarthritis (moderate/severe)

Inflammatory arthritis

### DIAGNOSTIC REPORT

**Please attach existing x-ray reports completed within the last 3 months of the affected joint**

**Patients must bring x-rays with them to appointment – MRIs ARE NOT APPROPRIATE**

**Please provide the following mandatory views:**

**Hip:** AP pelvis, AP and lateral of affected hip

**Knee:** AP weight bearing bilateral knees, *lateral of knee flexed at 30° bilateral knees, skyline view bilateral knees, PA standing flexion*

### MEDICATIONS & MEDICAL HISTORY

(please attach patient profile/medication list)

**REFERRING PROVIDER INFORMATION:**     MD     NP     Other \_\_\_\_\_

Name (Printed): \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Fax: \_\_\_\_\_

Signature: \_\_\_\_\_

Billing#: \_\_\_\_\_    Date: DD/MM/YYYY

**FAMILY PHYSICIAN INFORMATION (if different than above):**

Name: \_\_\_\_\_    Phone: \_\_\_\_\_

**ONLY COMPLETED REFERRALS WILL BE ACCEPTED**



Mississauga Halton  
Central Intake Program



Halton  
Healthcare  
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Trillium  
Health Partners  
Better Together



Ontario  
Mississauga Halton Local  
Health Integration Network  
Réseau local d'intégration  
des services de santé de  
Mississauga Halton

# Hip & Knee Rapid Access Clinic

## PROGRAM INFORMATION

The Rapid Access Clinic for hip and knee arthritis provides patients with an assessment by an Advanced Practice Provider within 4 weeks of when the referral is received by the Central Intake Program. An Advanced Practice Provider is a Regulated Healthcare Professional such as a Physiotherapist, Registered Nurse, Nurse Practitioner or Chiropractor with additional training in orthopaedic care. The Advanced Practice Provider conducts a standardized assessment and based on results, patients will be referred for surgical consult or provided with non-surgical recommendations. Along the care continuum, the Primary Care Provider and/or the referring provider will receive updates on the patient's referral status, assessment and care recommendations.

## REFERRAL CRITERIA

### INCLUSION CRITERIA

- Moderate to severe hip or knee arthritis
- Patient MUST be 18 years or older

### EXCLUSION CRITERIA

- Urgent referrals characterized by:
  - Prior arthroplasty with peri-prosthetic fracture, infection, recurrent dislocation
  - An immediate threat to role and independence, potentially requiring hospitalization within 4 weeks

## RAPID ACCESS CLINIC LOCATIONS

Halton Healthcare

Trillium Health Partners

## SURGERY HOSPITAL SITES

Halton Healthcare (OTMH) Oakville Trafalgar Memorial Hospital 3001 Hospital Gate Oakville, L6M 0L8	Trillium Health Partners (CVH) Credit Valley Hospital 2200 Eglinton Ave W Mississauga, L5M 2N1	Trillium Health Partners (MH) Mississauga Hospital 100 Queensway W Mississauga, L5M 1B8
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## ORTHOPAEDIC SURGEONS

**FOR UP-TO-DATE SURGEON INFORMATION PLEASE VISIT:  
[WWW.MHCENTRALINTAKE.COM](http://WWW.MHCENTRALINTAKE.COM)**