

# Your Community Healthcare Options



If you do not require emergency care, the following options and supports are available to you.



## Walk-in Clinics and Urgent Care Centres

Search online for clinics and virtual services near you [www.mississaugahaltonhealthline.ca](http://www.mississaugahaltonhealthline.ca) and [www.centralwestoht.ca/services/navigate-health-services/](http://www.centralwestoht.ca/services/navigate-health-services/).



## Regional Virtual Urgent Care

Connect with a nurse practitioner virtually [www.regional-virtual-urgent-care.ca](http://www.regional-virtual-urgent-care.ca).



## Find a Family Doctor or Nurse Practitioner

Visit [www.connectedcarehalton.ca/i-need/a-doctor/](http://www.connectedcarehalton.ca/i-need/a-doctor/) or call 1-844-806-3093.



## Health811

Connect with a registered nurse 24/7 for free, secure and confidential health advice. Dial 811 or visit [Health811.ontario.ca](http://Health811.ontario.ca).

# Your Community Healthcare Options (continued)



## Your Local Pharmacist

Pharmacists can now assess and prescribe for common ailments including strep throat, pink eye, UTIs and more. Visit [www.ontario.ca/page/pharmacies/](http://www.ontario.ca/page/pharmacies/).



## Free RSV Immunizations

Book an appointment by calling 905-203-7937 for infants under 12 months or 12-24 months who are high risk. Visit [haltonhealthcare.com](http://haltonhealthcare.com) for more information.



## Mental Health Supports

Phone and virtual support for anxiety, suicidal ideations, sexual assault, addiction and more [www.halton.cmha.ca](http://www.halton.cmha.ca) or call the 24/7 Suicide Crisis Helpline 9-8-8.

**If you require emergency care, please call 911 or visit your closest Emergency Department.**



For more information and supports, please scan the QR code.

