

COVID Care at Home Program



Your hospital healthcare team has referred you to this program to monitor your health and wellness while you recover safely at home.

The program is tailored to your clinical needs. This may include:

- Assessing your symptoms and tracking any changes either in person or via phone/email
- Monitoring your recovery progress and connecting you with your healthcare team if there are concerns
- Providing supports as you transition from hospital to home

We will help you manage your symptoms so that you feel confident and comfortable in your recovery.

What to expect

Before you leave the hospital, your healthcare team and a Home and Community Care Coordinator will meet with you to review your care plan and set up enhanced support services for you at home.

You will be given a fingertip pulse oximeter and will need to monitor your oxygen levels, up to six (6) times a day, especially after any physical activity, and record this into your exercise/activity log.

We will call you daily (Mon-Fri) to check how you are feeling. You will also have access to the 24/7 Home & Community Care Line.

If you need oxygen at home

The C.Air Home Oxygen Program will provide you with equipment, oxygen and training.

Oxygen is a tool for your recovery that will help you increase your activity tolerance. You will be supported by a Respiratory Therapist at home and by phone through your recovery. They will help you monitor your oxygen flow and answer any question you have. You should only increase your oxygen flow after speaking with a care provider.

You will also have access to the C.Air Home Oxygen Program 24/7 service and support for your oxygen equipment.

If your condition worsens

If your symptoms get worse and if you are not feeling well, review your symptoms by using the scale below:



I feel ok...

My oxygen level is **consistently greater than 92%** (Continue with exercise/activity log)



I feel worse...

Worsening cough, fever returns and/or more short of breath than usual **for 24 Hours**
OR

My oxygen level is **consistently less than 92%**
(Contact the Home & Community Care 24/7 Line at: 905.855.9090)



I feel much worse...

My oxygen level is **consistently less than 88%** with severe shortness of breath, drowsiness or chest pain. (Call 911)

Contact Us:



Home and Community Care Support Services Mississauga Halton
24/7 Home & Community Care Line
T: 905.855.9090



Home Oxygen Program Community Air
Questions About Oxygen or need to speak to a Respiratory Therapist
Monday-Friday: 9am-5pm
T: 905.338.4121
E: homeoxygen@haltonhealthcare.com



Canadian Home Healthcare
24/7 service and support for your oxygen equipment
490 Speers Rd, Unit 4 Oakville, ON
T: 905.844.4725 1.800.268.5003
E: info@community-air.ca