Mental Health Program
Adult Inpatient Unit 1

If you are visiting someone in one of our adult mental health inpatient units, please call 905-845-2571, ext. 4633 and find out whether the patient is in Mental Health Unit 1, Mental Health Unit 2 or in the Constant Observation Unit.

Directions:
- Park in Lot #6, the multi-level parking garage
- Exit the parking garage on the second floor (Level 2) and proceed to the hospital through the enclosed walkway.
- As you enter the hospital, turn right and proceed down the hallway, past the Halton Diabetes Program.
- The Centre Elevators will be straight ahead of you past the glass display case
- Take the Centre Elevators to Level 4
- Follow the directional signage to Mental Health Unit 1. The entrance is marked by a blue wall.

* Please note that this is a locked unit. Visitors will need to use the telephone located just outside the entrance of the unit to gain access. There are two sets of telephones. In the evening, visitors may have to call in from the telephone in the main hallway, as well as the telephone located outside of the unit.