



NEWS RELEASE

from Halton Healthcare Services

For Immediate Release

July 21, 2014

Dr. Aliya Khan: Recipient of Hypoparathyroidism Award

One of Halton Healthcare Services (HHS) local physicians has been recognized internationally for her work and research in the management of hypoparathyroidism.

Dr. Aliya Khan was presented with the International Hypoparathyroidism Award by the Hypoparathyroidism Association at their 8th International Conference in Sacramento, California on June 6, 2014. The award was given in recognition of Dr. Khan's impact on improving the lives of people with hypoparathyroidism and her contribution in advancing excellence in research, education and patient care in this field.

A member of the HHS Department of Medicine, Dr. Aliya Khan is also a clinical professor in the Department of Medicine, Division of Endocrinology and Metabolism and Division of Geriatric Medicine at McMaster University.

Dr. Khan is an international speaker on the diagnosis and treatment of hypoparathyroidism and has published extensively on the condition. She co-chaired the International Conference on Hypoparathyroidism, developed recommendations for practice for physicians globally and served as the editor for the *Handbook of Parathyroid Diseases*, which is one of the most popular textbooks on the subject.

Hypoparathyroidism is a condition in which there is inadequate parathyroid hormone activity resulting in low serum calcium and high phosphorus levels. Signs and symptoms of this condition include numbness, tingling, seizures, muscle cramps, muscle weakness, wheezing, heart failure, and confusion. It can be life threatening and urgent medical treatment is required if the calcium levels are significantly low.

About Halton Healthcare Services: Halton Healthcare Services (HHS) is a progressive, multi-site healthcare organization comprised of three community hospitals - Georgetown Hospital (GH), Milton District Hospital (MDH) and Oakville-Trafalgar Memorial Hospital (OTMH). Together these hospitals provide healthcare services to more than 300,000 residents in the communities of Oakville, Milton and Halton Hills. With an outstanding reputation as a workplace of choice and a good community partner, HHS hospitals have been recognized for their best practices in a number of patient safety and patient care initiatives. In 2013, HHS was Accredited with Exemplary Standing - the highest possible status granted by Accreditation Canada.



(Left to Right) James Sanders, President of the **Hypoparathyroidism Association**, presents the International Hypoparathyroidism Award to **Dr. Aliya Khan**.

For more information:

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