



## What you need to know before your Breast Ultrasound

### What is a Breast Ultrasound?

A breast ultrasound is a painless procedure that uses sound waves to make images of the breast tissues.

### When is a Breast Ultrasound performed?

A breast ultrasound is usually performed in addition to a mammogram to learn more about a breast lump and/or abnormality.

### How should I prepare for my Breast Ultrasound?

- You may want to wear a comfortable 2 piece outfit as you will need to undress from the waist up and change into a gown for the imaging procedure.
- Please arrive 15 minutes before your appointment time to allow enough time for registration and time to change into a gown.

### How long will my Breast Ultrasound take?

Plan to be at your appointment for approximately 1 hour. This allows time for registration, changing, and imaging; as well as for time for the technologist and/or radiologist to review your images. The ultrasound procedure itself takes about 20-30 minutes.

### What should I expect during my Breast Ultrasound?

- You will be asked to lie down on the examination table and the technologist will put ultrasound gel on your breast.
- The technologist will use a small hand-held device (called a transducer) to take images of your breast.
- After the test is complete, you may wipe the gel off your skin.
- You may be asked to wait a few minutes for the technologist and/or radiologist to review the images to make sure the pictures are clear and complete.

### How will my Breast Ultrasound feel?

You may feel slight pressure from the hand-held device pressing against your breast tissue, but this should not be painful. If you experience any pain or discomfort during the procedure, please let the technologist know.

### How long will it take to get the results of my Breast Ultrasound?

It will take approximately 1 week to get the results of your breast ultrasound.